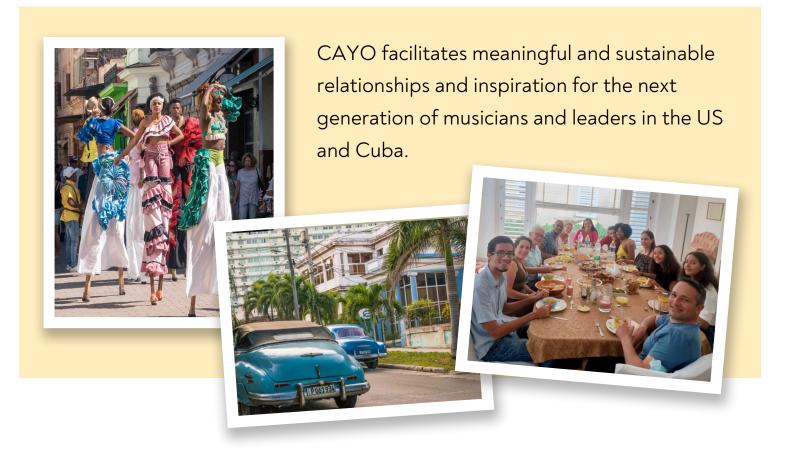


# CUBA PEOPLE-TO-PEOPLE EXCHANGE TRIP January 15-21, 2023





Lunch in Old Havana



CAYO mentors and students at work



Visits to Havana's top music schools



Intimate chamber music concerts



Rooftop dining near the sea



CAYO musicians with Catalyst Quartet

Intimate tours to Cuba.
An inside look at creative collaboration and Cuban talent with an emphasis on small group, peopleto-people educational exchanges with Cubans in the private sector.

# January 15-21, 2023 Itinerary

# SUN, JAN 15 - Day 1: HAVANA

- Travel to Havana, Cuba from Ft. Lauderdale on Southwest Airlines
- Check into your Casa Particular (private home)
- Dinner at Paladar Habana 61

### MON, JAN 16 - Day 2: HAVANA

- ♦ Old Havana walking tour with CAYO friends
- ◆ Lunch at Paladar Esto No Es Un Café
- Shopping on Obispo Street
- Dinner at Paladar Yarini
- Drinks, cigars and conversation about US/ Cuba history at Hotel Nacional.

## TUES, JAN 17 - Day 3: HAVANA

- Visit Vedado neighborhood private business to learn about Cuban entrepreneurship
- Lunch at a Cuban home. Discussion of Cuban education and medical system
- → Bici-taxi from Old Havana; concert with CAYO musicians, Q&A about student life
- ◆ Rooftop dinner at Paladar El del Frente



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#### WED, JAN 18 - Day 4: Viñales

- Day trip to Viñales, world heritage UNESCO site
- Walking tour of tobacco farm and production facility with grower
- Drinks overlooking Valle de Viñales
- Dinner with CAYO musicians

# THU, JAN 19 - Day 5: HAVANA

- School visits and presentations
- Lunch at a cafetería (Cuban fast food)
- Shopping at artisan market
- Dinner at Paladar Otra Manera

#### FRI, JAN 20 - Day 6: HAVANA

- Visit and Q& A at US Embassy in Havana
- Collaborative presentation with US and Cuban CAYO musicians
- ◆ Farewell dinner at Paladar Al Carbon with CAYO friend, chef Ivan Justo

# SAT, JAN 21 - Day: HAVANA-US

 Return to US; optional add-on day on Ft. Lauderdale (please inquire)

CAYO is a national non-profit (501(c)3) organization headquartered in Minneapolis, MN that creates opportunities for connection, collaboration, exhibition and education through ongoing and curated arts and cultural diplomacy programs.

Travel to historic Havana and world UNESCO site Vinales, Cuba to experience a full-time schedule of exchange experiences with CAYO and trip leader Mariesa Sun-Saenz. Meet with Cuban individual musicians, entrepreneurs, and students with whom we have built relationships over the course of many visits to the island.

CAYO brings students,
mentors and patrons
"a new perspective of what
music can do to bring
people together."

-CAYO 2019 Tour Musician



Minnesota Orchestra violinist Milana Reiche and students from Conservatorio Amadeo Roldan



CAYO Executive Director Rena Kraut



Minnesota Orchestra bassist Dave Williamson with ENA students



CAYO cellist Omar Macias in residency with Cuban musicians in Twin Cities



CAYO teaching artists and staff, Havana, May 2022



Student presentations at Escuela Nacional de Arte, Havana

#### **PRICING**

6-night price of \$2645 based on single occupancy (\$2445 double occupancy) includes:

- Airport transfers
- Local transportation
- Lodging and meals
- Cultural activities, exchanges and concerts
- Full time guide/concierge for free time
- Translator
- Full-time schedule of educational exchange activities that will result in meaningful interaction between the traveler and individuals in Cuba as required by OFAC

Refundable deposit of \$700 (tax-deductible) due by November 21, 2022. Airfare not included; flight and visa assistance available at no charge.

To reserve your spot, go to www.cayomusic.org/cubatravel or email: info@cayomusic.org